

# December

# MIAMI BEACH

## Flamingo Park Senior Program

Mon	Tue	Wed	Thu	Fri
2 <b>*Registration Begins*</b> <u>Water Aerobics</u> 12:00pm - 1:00pm	3 <u>Dance Fusion</u> 9:00am - 10:00am	4 <u>Water Aerobics</u> 12:00pm - 1:00pm	5 <u>Chair Aerobics</u> 9:00am - 10:00am	6 <u>Tai-Chi</u> 9:00am - 10:00am <u>Chair Yoga</u> 10:15am- 11:15am
9 <u>Water Aerobics</u> 12:00pm - 1:00pm	10 <u>Dance Fusion</u> 9:00am - 10:00am	11 <u>Water Aerobics</u> 12:00pm - 1:00pm	12 <u>Chair Aerobics</u> 9:00am - 10:00am	13 <b>*Dolphin Mall Trip*</b>  <u>Tai-Chi</u> 9:00am - 10:00am <u>Chair Yoga</u> 10:15am- 11:15am
16 <u>Water Aerobics</u> 12:00pm - 1:00pm	17 <u>Dance Fusion</u> 9:00am - 10:00am	18 <b>*Senior Holiday Gala*</b>  <u>Water Aerobics</u> 12:00pm - 1:00pm	19 <u>Chair Aerobics</u> 9:00am - 10:00am	20 <b>Teacher Planning Day</b> <b>Winter Recess</b> <b>NO CLASSES</b>
23 <b>Winter Recess</b> <b>NO CLASSES</b>	24 <b>Winter Recess</b> <b>NO CLASSES</b>	25 <b>Closed</b> <b>Winter Recess</b> <b>NO CLASSES</b>	26 <b>Winter Recess</b> <b>NO CLASSES</b>	27 <b>Winter Recess</b> <b>NO CLASSES</b>
30 <b>*Nutcracker Ballet *</b>  <b>Winter Recess</b> <b>NO CLASSES</b>	31 <b>Winter Recess</b> <b>NO CLASSES</b>			Revised 11/15/24

## General Information :

- Monday & Wednesday Water Aerobics - 12:00pm - 1:00pm
- Tuesday: Dance Fusion - 9:00am - 10:00am
- Thursday: Chair Aerobics - 9:00am - 10:00am
- Friday: Tai Chi - 9:00am - 10:00am
- Friday: Chair Yoga- 10:15am- 11:15am

### Contact Information for Miami Beach Parks and Recreation

#### Senior Scenes Programming:

Flamingo Park

999 11th Street, Miami Beach, FL 33139

(305)673-7779

Xavier Guerrero: [xavierguerrero@miamibeachfl.gov](mailto:xavierguerrero@miamibeachfl.gov)

*Schedules subject to change.*

If you would like to receive emails about cancellations and special events, please stop by one of our facilities to enroll in the classes via the RecTrac registration

System

Please visit [miamibachparks.com](http://miamibachparks.com) to see all senior program offerings at various city facilities

*To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service)*

## Activities & Field Trips \* SIGN UP at Flamingo\*

### \*Senior Holiday Gala\* ( FREE )

Miami Beach Convention Center - Grand Ballroom  
Entrance on 21st Street and Washington Ave.

December 18, 2024 6:00pm - 8:00pm

Bus leaves @ 5:00pm

Returns @ 9:00pm

Registration begins December 2, 2024

### \*Dolphin Mall\* (FREE)

December 13, 2024

Bus leaves at 9:00am

Bus returns at 2:00pm

\*LUNCH NOT INCLUDED\*

Registration begins December 2, 2024

### \*Nutcracker Ballet\* (Free)

Fillmore Miami Beach

December 30, 2024

Bus leaves at 2:00pm

Bus returns at 5:30pm

\*Food not included\*

Registration begins December 2, 2024

### \*Floral Design Workshop\*

North Shore Park & Youth Center

501 72nd Street, Miami Beach, FL 33141

December 7, 2024

1:00pm- 2:00pm

### \*Floral Design Workshop\*

Flamingo Park

999 11th Street, Miami Beach, FL 33139

December 21, 2024

1:00pm- 2:00pm