


Mon	Tue	Wed	Thu	Fri
<p><i>Revised 8/05/17</i></p>				<p>1 *Sign up for Seniors' Masquerade</p>
<p>4 </p>	<p>5 <u>Chair Aerobics: 8:45am - 9:45am</u></p>	<p>6 <u>Chair Yoga: 8:45am - 9:45am</u></p>	<p>7 *Trip to Perez Art Museum <u>Dance Fusion: 8:45am - 9:45am</u></p>	<p>8 <u>Tai Chi: 8:45am - 9:45am</u></p>
<p>11 <u>Ceramics: 10:00am - 12:00pm</u></p>	<p>12 <u>Chair Aerobics: 8:45am - 9:45am</u></p>	<p>13 <u>Chair Yoga: 8:45am - 9:45am</u></p>	<p>14 <u>Dance Fusion: 8:45am - 9:45am</u></p>	<p>15 <u>Tai Chi: 8:45am - 9:45am</u></p>
<p>18 <u>Ceramics: 10:00am - 12:00pm</u></p>	<p>19 <u>Chair Aerobics: 8:45am - 9:45am</u></p>	<p>20 *Seniors' Masquerade <u>Chair Yoga: 8:45am - 9:45am</u></p>	<p>21 <u>Dance Fusion: 8:45am - 9:45am</u></p>	<p>22 <u>Tai Chi: 8:45am - 9:45am</u></p>
<p>25 <u>Ceramics: 10:00am - 12:00pm</u></p>	<p>26 <u>Chair Aerobics: 8:45am - 9:45am</u></p>	<p>27 *Domino Tournament <u>Chair Yoga: 8:45am - 9:45am</u></p>	<p>28 <u>Dance Fusion: 8:45am - 9:45am</u></p>	<p>29 <u>Tai Chi: 8:45am - 9:45am</u></p>

## General Information:

### Classes, programs and workshops offered by Miami Beach Parks and Recreation

- **Ceramics** - Every Monday, 9:00am - 12:00pm (monthly fee)
- **Chair Aerobics** - Every Tuesday, 8:45am - 9:45am
- **Chair Yoga** - Every Wednesday, 8:45am - 9:45am
- **Dance Fusion** - Every Thursday, 8:45am - 9:45am
- **Tai Chi** - Every Friday, 8:45am - 9:45pm
- **Fitness Center** - Monday - Friday, 8:30am - 3:00pm (free to members)

#### **Scott Rakow Youth Center**

2700 Sheridan Ave, Miami Beach, FL. 33140, 305-673-7767

Kevin Cobas: kevincobas@miamibeachfl.gov

(305)861-3616 ext. 2131

David Rodriguez: davidrodriguez@miamibeachfl.gov

(305)673-7779

**\*Schedules subject to change. Please call (305) 867-3616 for most updated information.\***

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).

## EVENTS & FIELD TRIPS \* SIGN UP at SRYC

### EVENT - Seniors' Mardi Gras Masquerade

Jungle Island - Treetop Ballroom (1111 Parrot Jungle Trail, Miami, FL, 33132)

Wednesday, September 20, 2017 6:00pm - 8:30pm (FREE)

RSVP Required - RSVP list will be located at **Scott Rakow**.

Sign-up starts Friday, September 1, 2017

Transportation is provided: Buses leave SRYC at 5:30pm.

### TRIP 1 - Perez Art Museum

(Max: 20 people) September 7, 2017 (FREE)

Bus leaves Scott Rakow Youth Center @ 9:30am

Returns to Scott Rakow Youth Center @ 1:00pm

"Lunch NOT included"

Sign-up starts Thursday, August 24, 2017 SRYC

### EVENT - Domino Tournament

7200 Collins Avenue Domino Pavilion

Wednesday, September 27, 2017 6:00pm - 8:00pm (FREE)

To participate contact Kevin Cobas 305-861-3616 ext.2131

