



# ACTIVE ADULTS

MIAMI BEACH

Mon	Tue	Wed	Thu	Fri
		<p>1 <b>Sign up for Zoo Miami Trip.</b></p> <p><u>WATER AEROBICS</u> 12:00PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>2</p> <p><u>CHAIR AEROBICS</u> 9:30 AM – 10:30 AM</p> <p><u>ZUMBA</u> 11:00 AM – 12:00 PM</p>	<p>3</p>
<p>6</p> <p><u>WATER AEROBICS</u> 12:00 PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>7. <b>Zoo Miami 9:30—3:00</b></p> <p><u>DANCE FUSION</u> 9:30 AM – 10:30 AM</p>	<p>8</p> <p><u>WATER AEROBICS</u> 12:00PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>9</p> <p><u>CHAIR AEROBICS</u> 9:30 AM – 10:30 AM</p> <p><u>ZUMBA</u> 11:00 AM – 12:00 PM</p>	<p>10</p>
<p>13</p> <p><b>Sign up for Hialeah Casino Trip.</b></p> <p><u>WATER AEROBICS</u> 12:00 PM – 1:00 PM</p> <p><u>BINGO</u></p>	<p>14 <b>Seniors' Bingo Night 6:00 pm—8:00 pm</b></p> <p><u>DANCE FUSION</u> 9:30 AM – 10:30 AM</p>	<p>15</p> <p><u>WATER AEROBICS</u> 12:00PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>16</p> <p><u>CHAIR AEROBICS</u> 9:30 AM – 10:30 AM</p> <p><u>ZUMBA</u> 11:00 AM – 12:00 PM</p>	<p>17</p>
<p>20</p> <p><u>WATER AEROBICS</u> 12:00 PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>21 <b>Hialeah Casino 10:00-3:00</b></p> <p><u>DANCE FUSION</u> 9:30 AM – 10:30 AM</p>	<p>22</p> <p><u>WATER AEROBICS</u> 12:00PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>23</p> <p><u>CHAIR AEROBICS</u> 9:30 AM – 10:30 AM</p> <p><u>ZUMBA</u> 11:00 AM – 12:00 PM</p>	<p>24</p>
<p>27</p> <p><u>WATER AEROBICS</u> 12:00 PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>28</p> <p><u>DANCE FUSION</u> 9:30 AM – 10:30 AM</p>	<p>29</p> <p><u>WATER AEROBICS</u> 12:00PM – 1:00 PM</p> <p><u>BINGO</u> 11:00 AM – 1:00 PM</p>	<p>30</p> <p><u>CHAIR AEROBICS</u> 9:30 AM – 10:30 AM</p> <p><u>ZUMBA</u> 11:00 AM – 12:00 PM</p>	<p>31</p>

**MARCH EVENTS & FIELD TRIPS \* SIGN UP @ FLAMINGO PARK**

**EVENT - Seniors' Bingo Night**

**Jungle Island Tree Top Ballroom**

**1111 Parrot Jungle Trail**

**3/14/17 6:00 pm - 8:00 pm**

**FREE - RSVP Required at 786-209-4900**

**Transportation is provided: Buses leave Flamingo at 4:30pm**

**TRIP 1 - Zoo Miami**

**(Max: 75 people) 3/7/17 (FREE)**

**Bus leaves North Shore Park @ 9:30 am**

**Returns to North Shore Park @ 3:00 pm**

**"Lunch NOT included "**

**Sign-up starts Wednesday, March 1, 2017 @ FLAMINGO PARK**

**TRIP 2 - Hialeah Casino**

**(Max: 75 people) 3/21/17 (FREE)**

**Bus leaves North Shore Park @ 9:30 am**

**Returns to North Shore Park @ 3:00 pm**

**"Lunch NOT included "**

**Sign-up starts Wednesday, March 13, 2017 @ FLAMINGO PARK**

**Classes, offered by Parks and Recreation**

- **Water Aerobics** - Every Monday & Wednesday, 12:00pm - 1:00pm @ Flamingo
- **Bingo**- Every Monday & Wednesday, 11:00am - 1:00pm @ Flamingo
- **Dance Fusion** - Every Tuesday, 9:30am - 10:30am @ Flamingo
- **Chair Aerobics**- Every Thursday, 9:30am - 10:30am @ Flamingo
- **Zumba**– Every Thursday, 11:00am - 12:00pm @ Flamingo

**Kevin Cobas: [Kevincobas@miamibeachfl.gov](mailto:Kevincobas@miamibeachfl.gov)**

**David Rodriguez: [DavidRodriguez@miamibeachfl.gov](mailto:DavidRodriguez@miamibeachfl.gov)**

**Flamingo Park: (305)673-7779**

**Schedules subject to change. Please call (305)673-7779**

**for most updated information.**